



2022 NADC LEADERSHIP TRAINING PROGRAM COURSES

502C: Athletic Administration in Canadian Schools

This crucial introductory course addresses many of the day-to-day operational responsibilities for Canadian Athletic Directors. The course addresses school athletic/academic philosophy, administrative organization, coach appointment, budgeting, scheduling, publicity and promotion, management of athletes, parents and others, transportation policies and issues, parent conflict, legal foundations, monthly checklists and more. One of the key resources available to course attendees is a resource package with over 700 pages of useful information, forms, detailed letter templates, sample policies, and more.

627C: Considerations for Interscholastic Sports Strength & Conditioning Programs - NEW

A well designed and implemented strength and conditioning program is an important factor in offering quality programming to our student-athletes. Whether your program focus is on improving athlete performance or teaching the life skill of personal fitness, this course educates Athletic Directors on the fundamental considerations to starting a strength and conditioning program, upgrading your current training practices, re-evaluating facilities and certifying staffing.

501C: Philosophy, Organizational Structure, and Professional Development

This course is aimed at assisting athletic directors set the tone for their program. Origins of athletic administration are addressed in addition to codes of ethics. The concept of “educational athletics” is discussed and refined. The role of the athletic administrator and the importance of having a school philosophy are addressed and workshop participants have the opportunity to interact with others to refine their own philosophies. Organizational relationships are examined from a provincial, national and international perspective. Key policies are also reviewed. Current and future courses are highlighted and the certification program is described.

705C: Educational Athletics - Mentorship, Leadership, and Character Development

Character based coach-to-coach mentoring programs utilize the talents, strengths and qualities of the entire team of coaches to maximize the potential of the coaching staff. Mentoring is an attitude, a relationship and an investment, which provides coaches the opportunity to support and nurture each other professionally, personally and ethically. This course will highlight mentoring models that demonstrate key behaviours to implement when establishing an effective mentoring program. It will also provide athletic administrators strategies and methods to develop and enhance successful coach-to-coach mentoring programs.



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721C: Positive Sporting Behaviour

In this course, attendees will learn to implement appropriate strategies and techniques designed to create a positive, productive learning environment, which will support a system that encourages character, self-discipline and sportsmanship. This course will provide opportunities for self-assessment and reflection in regards to prior performance. In addition, attendees will participate in class discussions and activities which will increase their knowledge and skills of the effective components of successful character, citizenship, and sportsmanship to share with their students, coaches, parents, and communities.

633C: Creating Inclusive Opportunities for Athletes with a Disability

This course is designed to provide pathways for schools adding inclusive opportunities into their Athletic Department. Unified and Para Sport programs open doors for a multitude of new students to participate in school sport. These programs contribute greatly to enhanced school culture by inviting greater diversity among Athletics' participants. Any interested Athletic Directors and Coaches will derive great benefit - schools have both a great opportunity and responsibility when considering Unified and Para Sport Programs.

720C: Educational Athletics - Creating a Character-Based Athletics Program

Character based educational athletics can only truly succeed when the entire community – School Board, Superintendent, Principal, Parents and Boosters – support and embrace the values and views lived daily in the school setting by the student and strategies needed to implement these programs within the entire community athletes, coaches, athletic department and school faculty. Without question, teachable moments in athletics prepare students for life when the whole community supports and reinforces those life lessons. This course will empower the athletic administrator to help motivate in order to be a key figure in helping the school community to understand and embrace important character expectations for the school program.

722C: Building a Positive School Culture through Sport

Building or changing your current school culture into a dynamic force within the school is not an easy task. This course will highlight processes for using sport to build and enrich a positive and exciting school culture. Specific steps and ideas will be outlined to use your athletic program and other school-based athletic initiatives as a springboard to create a healthy and positive environment within your school. The course will focus on engaging the entire school population through sport and activity.



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602C: Creating Your Athletic Handbook

This course is designed to guide attendees through the process of creating a complete and effective athletic handbook. Effective athletic handbooks provide vision/direction for your program, disseminate critical information to your constituents and can save Athletic Administrators countless hours. This is a working course where attendees will be provided with a number of templates as a starting point and surrounded by experienced Athletic Administrators leading the course. Attendees will be expected to come prepared with a list of school and district-specific documents to guide them during the handbook creation process. This list will be sent to attendees roughly one week prior to the course delivery date.

790C: Instructor Development for the Leadership Training Program

This course is designed to provide instructors with an awareness of the expectations that are placed upon them in presenting LTP courses. The course examines teaching and learning styles and provides strategies for instructors to use in teaching LTP courses. It provides for interaction between current national faculty instructors and potential LTP instructors in the exchange of ideas used in the successful implementation of courses. To instruct any LTP course, one must complete LTC 790C and the course that one will be instructing. Attendees who will derive greatest benefit: those seeking to become instructors in the Leadership Training Program.

503C: Athletic Administration: Enhancing School Based Athletic Programs - NEW

This course builds on the teachings in 501C and 502C, by taking Athletic Directors through ideas and strategies to implement that will enhance their athletic programs. The course touches on ways to improve citizenship and sportsmanship within your athletic program through positive initiatives, examines potential problems or possible solutions in areas such as program promotion, social media, tournaments and special events, recognition, awards, fundraising, and strategic planning.

504C: Legal Issues I - The Basics of Negligence, Liability, and Risk Management

This course covers liability, negligence, and risk management practices for athletic administrators. Legal concepts will be introduced to athletic administrators through the use of case law, case studies, and guided discussion. Appropriate risk management documentation procedures for athletic administrators will be identified. Attendees will benefit from discussing real-life case law scenarios and defining the duties and standards of care that the law requires of athletic administrators. Attendees will leave the course with new knowledge and actionable strategies for managing risk.