



THE AD DIGEST

OFFICIAL NEWSLETTER OF THE CIAAA



AD Article of the Month

CIAAA Reflection

Scott Bezubiak

Harry Ainlay High School, Edmonton Alberta

I still remember sitting as a participant in the first CIAAA course delivery at the Banff Conference Centre in 2009. I had been an Athletic Director for 10 years at that point, and the course was LTP Course 502. As I sat in the class collaborating with other AD's a few things were going through my mind. First, after 10 years there was still so much about the job I was unaware of. Second, the opportunity to gather with like-minded people with the sole purpose to develop quality educationally based school sport programs is absolutely outstanding. I was hooked from day one and knew I needed to be a part of this association.

I was elected as President in 2014 as the association moved to a national standard in becoming what we know today as the Canadian Interscholastic Athletic Administrators Association. I was quite honored by the appointment to President as the

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nominees were colleagues that I respect to the highest regard. Three values would carry our planning through the early stages as a national association; growth mindset, quality presentations, and building relationships. As I reflect back on my time as President, did we manage to stay true to our initial values?

Growth Mindset and Quality Presentations

It is easy to achieve lofty goals when you surround yourself with extraordinary people. Our association at every level from the Board of Directors to our members is full of extraordinary people. For the past 9 years I have marveled at the commitment Athletic Directors and educators have shown towards the CIAAA. Volunteering countless hours growing the CIAAA to where it is today. As I reflect on some of the accomplishments there are a few that stand out as particularly satisfying. The CIAAA National Athletic Directors Conference is truly a highlight each and every year for me. I come away from these conferences feeling rejuvenated and motivated after having the opportunity to network and collaborate with people that believe so strongly in the importance school sport plays in the development of our youth.

I'm proud of the quality and variety of the Leadership Training Program Courses. Earning masters accreditation for our courses through the affiliation with Grace College was highly reassuring that we are providing high quality professional development. I don't think I would have believed anyone if I was told we would have 20 Canadian courses at this point in our development. A heartfelt thank you to everyone involved the last 14 years in curriculum and workshop development. These developers are unwavering in their commitment towards making our profession stronger.

Building Relationships

This is what I will look back on with fond memories. I have met amazing people from coast to coast and all over the world as President of the CIAAA. People that I will call my friends for the rest of my life. I'm sure many of you have heard me say, "we are in the people business", that's always been priority one. Professionally, as teachers and coaches we impact lives. This is a massive responsibility and its importance cannot be understated. Thank you to everyone that dedicates themselves to serving others as an Athletic Director. It is a demanding job and it requires a special person to commit so much time and energy.

Thank you CIAAA and everyone I've met along the way. This journey as your President has made me a better person.

Scott Bezubiak
CIAAA Past President

THANK YOU SCOTT!





January - May
CIAAA CERTIFICATIONS

CRAA

AJ Bergen Henenhouwen
St. Mary's School, AB

Andrew Ilkiw
St. John's School, BC

Joseph Daniel Mallet
Montery Middle School, BC

Dave Careen McNee
Uchenna Academy, ON

Mark Fenn
Sentinel Secondary School, BC

Amberly Doucette
Ecole Ducharme, SK

Megan Weir
Wm E Hay Stettler Secondary, AB

Dima Povalyaev
Lower Canada College, QC

Jillian Hutchison
Aspengrove School, BC

Kerri Meadows
Sturgeon Composite High School, AB

Darren Anderson
Canmore Collegiate High School, AB

Mark Ritter
Shen Wai International School

Ken Hovey
Fairview High School, AB

Gary Atwal
Sullivan Heights Secondary, BC

Kyle Schroeder
Prairie River Junior High School, AB

CCAA

Olivier Jolin-Roch
J.H. Picard, AB

Christian Loro
John Knox Christian School, BC

Jordan Tobin
High Level Public School, AB

Margie Gibson
McNaughton High School, SK

CMAA

Kate Greabeiel
Lillian Osborne High School, AB

Sandra Surkan
Balfour Collegiate, SK



POST CONFERENCE SURVEY

Conference Attendees!

A reminder to please complete the [post conference survey](#).

All attendees who complete a survey by midnight on **May 15th** will be entered into a draw to win a **free 2023 Vancouver Conference registration**.

Reminder! All conference workshop recordings and keynote addresses are available for viewing through the conference website!



Follow us on Social!

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 INSTAGRAM: @CanadianIAAA
 FACEBOOK: @CIAAAssociation

SPORTFACTOR RESOURCE OF THE MONTH



Our April Resource of the Month comes from a Workshop at the recent NADC. The workshop, Drop Your Pack from I Got Mind dives into why we carry our burdens and the damage mentally that it does to us as individuals. You will walk away with tips on how to drop your pack and move forward!

[Drop Your Pack](#)

Do you have any resources that you think might be useful to your fellow Athletic Directors? Send them our way!

Reminder to activate your membership to gain access to our full Resource Bank! ASAA, BCSS & SHSAA Athletic Directors receive free a membership, email info@ciaaa.ca for information.



506C REGISTER TODAY!

Join us for the last LTP of the school year, 506C.

506C: Legal Issues II – Enhanced Legal Topics for the Athletic Administrator • **Wednesday, May 18th 3:00-6:00pm Pacific (4:00 – 7:00pm Mountain)**

This course introduces the important legal issues of discrimination, sexual harassment, bullying, hazing, and violence in sport. Participants will learn the legal definitions of the terms and how they are applied to the sport and scholastic context. Case law examples, discussions and other activities will help participants navigate these complex issues. Athletic administrators are also more frequently dealing with legal issues in an “online” context. This course looks at these new issues (cyber bullying, online privacy, defamation, and coach-athlete relationship closeness on Facebook) through a legal lens and participants will learn tips for how best to manage online issues. Finally, the course touches on employment law and participants will learn best practices for beginning and ending relationships with teacher coaches and volunteer coaches.

506C is a required course to receive your CCAA Certification

[Click Here to Register!](#)

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7 Principles of Movement

SQUAT

Examples



Single-leg Squat



Dumbbell Split Squat



Kettlebell Squat



The squat movement pattern enables you to lift yourself from a seated or crouched position up to a standing position.



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For More Information Contact:

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Email djohnson@grace.edu
Phone **574.372.5100 ext. 6263**